





## **Dual Diagnoses: Intellectual Disability and Mental Health Issues!**

Please check out the attached information brief! This information brief provides information about individuals with intellectual disabilities (ID) who also have co-occurring mental health issues. This is an especially relevant issue here in Ohio as approximately 1/3 of individuals with ID (57,000 people) will have a co-occurring mental illness. The brief offers guidance regarding how schools can effectively help and support these individuals and their families by providing some practical suggestions regarding both assessment and intervention. Although there is wide variation within both ID and mental health disorders, the information in this brief will hopefully provide some general starting points

## Please Give us Feedback on Our Information Briefs!

We need your help completing a survey at the link below! This survey is in regard to a series of information briefs you may have received over the past year. These information briefs provide research concerning mental health and behavioral topics related to youth. Through this survey, we are attempting to assess what you liked about the information briefs, what you didn't like about information briefs, as well as what may have prevented you from viewing the information briefs. This survey should take no more than 5-10 minutes to complete. Remember, in order for us to improve the information briefs and other Project AWARE resources your feedback is essential. Thank you! The survey can be accessed here:

## **Other Helpful Resources**

We would like to share 2 other resources that can help support students' social and emotional well-being.

First, check out a compendium of social-behavioral research studies funded by the Institute of Education Sciences through the National Center for Education Research and the National Center for Special Education Research. These researchers completed over 245 projects and tested instructional interventions, professional development programs, educational technologies, and assessments related to social-behavioral outcomes. You can access this compendium at this link: http://ies.ed.gov/ncer/pubs/20162002/

Another resource to consider checking out is the *School Mental Health Referral Pathways (SMHRP) Toolkit*! The SMHRP Tookit offers best-practice guidance and practical strategies to facilitate collaboration both within and between schools and mental health service providers in order to create an effective referral system that most effectively connects students to the services and supports they might need. You can access the SMHRP Toolkit at this link: http://files.ctctcdn.com/bde05f96001/84fa3636-08af-43fc-aeaf-a016f2aa68a6.pdf

The Project AWARE Ohio team includes partners in 3 county ESCs. If you are from those local areas and want more information about Project AWARE services, please contact:

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For information about Project AWARE in other regions of the state, please contact:

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